Tinnitus - 2.6 Billion World-Wide

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ABSTRACT

Tinnitus is a widespread problem which can dramatically affect thoughts, hearing, sleep and concentration. World-wide prevalence data indicate that tinnitus affects people of all ages. As much as one-third of the general population reports tinnitus; and the incidence increases with age, hearing loss and with a history of noise exposure. Excessive noise exposure is a leading cause of tinnitus. Ringing in the ears is often the first reported symptom following loud noise exposure. Individuals with a history of noise exposure are twice as likely to report tinnitus at any age and for any gender. Recognizing tinnitus as an early warning sign of noise damage could reduce the incidence of noise induced hearing loss! The aim of this infographic is to inform the public about tinnitus and to encourage and empower adults with tinnitus to seek audiology services. Healthy People 2020 – the public health agenda in the United States – includes an objective to increase referrals for tinnitus by 10% the year 2020.